



## Supported Studies 2024-2025

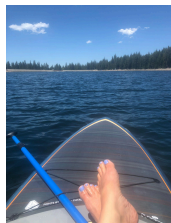
### Teacher Contact Information

Teacher Name: Trisha Zakon  
School Site: Nevada Union High School  
Class: Supported Studies - Periods 2 and 7  
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*“Self-Advocacy: Know yourself. Know what you need.  
Know how to get it.”*



I grew up in the midwest, but have lived in California for the last 19 years (13 of those here in Nevada County). This is my 23rd year teaching, but only my 4th year here at Nevada Union. Previously, I taught at Placer High School in Auburn, and in San Francisco before that. I love teaching supported studies and helping students recognize their strengths, know themselves as learners, and get comfortable advocating for themselves. I am the mama of a fierce and funny 12-year-old, Mira Lorelei, who is in 7th grade at NCSA. I love to be outdoors (especially at the Yuba), paddle board, camp, grow food in our garden, read, and practice yoga.



### Course Description

Supported Studies provides students time to work on assignments and projects from their other classes, individually, in groups, or with assistance. Students will get to know themselves as learners (strengths, weaknesses, helpful accommodations) and develop their self-advocacy, communication, and student skills. Students will have opportunities for transition-related work, i.e. college and career readiness. Supported Studies also gives students the opportunity

to achieve goals and objectives detailed in their Individual Education Plans (IEPs) and develop skills in identified areas of need.

### Essential Learning Outcomes (ELOs)

- ★ To be able to effectively **self-advocate**.
- ★ To **understand yourself as a learner and understand your IEP** (strengths, challenges, accommodations).
- ★ To improve your **organization, time management, and study skills** and create effective habits that work for you.
- ★ To effectively use individual work time to get support, improve your understanding of course material and assignments in other classes, and strengthen your **academic skills**.
- ★ To prepare for the **transition** to life after high school (college, a job etc.).

### Grading Policy

What do grades mean?

In this class your grade is built in this way:

60% participation and how you use your time (daily self-grading/rubric with teacher consult)

40% assignments (weekly grade checks, work logs, class assignments)

### Student Absences

In the event of absence, check in with me about what you missed. I always appreciate it when students communicate with me when they are absent (email, text). This is a great practice to develop!

**Note:** When life throws something unexpected your way, please talk to me (face-to-face, email, text) so I can support you in your situation.

### Class Expectations / Norms

It is important that we create a community that is respectful and follows certain “norms” (the way we agree to act when we’re together). We need a place where we can all concentrate and get work done.

- **Respect yourself and your education** – Be prepared. Come on time and ready to work. Prioritize your education. Believe in what you can do. Advocate for yourself.
- **Respect others** – Speak respectfully. Listen. Use the one mic rule. Support others in working and focusing. Help each other out. Be a positive force in class.
- **Respect the space** – Take care of our resources. Put things away. Pick up after yourself.

## **Phone Policy**

1. **AWAY** (in your bag) from bell to bell. (Exception: Permission from Zakon to set up music for work time.)
2. If you are not able to follow this rule, I am happy to hold your phone for you during our class. If it becomes a repeated issue, it will be turned into the office.
4. NU has a **NO CELL PHONES** during class time. When you are done with work you may read, nap, draw/color, or play a game on your Chromebook.

**It is going to be a good year!**